Life Rank

Workbook

This Workbook can help you organize your thoughts as you work toward earning the Life Rank.
The Scout must do each requirement.

The work space provided for each requirement should be used by the Scout to keep track of which requirements he has completed, and to make notes for discussing the item with his leader, not for providing the full and complete answers.
The Scout must do each requirement.

No one may add or subtract from the official requirements found in Boy Scout Requirements (Pub. 33216 – SKU 620714).

The requirements were last revised in 2015 • This workbook was updated in December 2015.

Scout's Name:_____ Unit: _____

http://www.USScouts.Org • http://www.MeritBadge.Org

Please submit errors, omissions, comments or suggestions about this **workbook** to: Workbooks@USScouts.Org
Comments or suggestions for changes to the **requirements** for the **rank** should be sent to: Advancement.Team@Scouting.Org

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☐ 1. Be active in your troop for at least six months as a Star Scout.

Date of Star Scout Board of Review: _____

☐ 2. As a Star Scout, demonstrate Scout spirit by living the Scout Oath and Scout Law.

Tell how you have done your duty to God and how you have lived the Scout Oath and Scout Law in your everyday life.

☐ 3. Earn five more merit badges (so that you have 11 in all), including any three additional badges from the required list for Eagle. You may choose any of the 17 merit badges on the required list for Eagle to fulfill this requirement. See Eagle rank requirement 3 for this list.

	Name of Merit Badge	Date Earned
(Eagle required)	_____	_____
(Eagle required)	_____	_____
(Eagle required)	_____	_____
	_____	_____
	_____	_____

☐ 4. While a Star Scout, participate in six hours of service through one or more service projects approved by your Scoutmaster. At least three hours of this service must be conservation-related.

Date	Start Time	End Time	Duration	Project	Conservation
					☐
					☐
					☐
					☐

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☐ 5. While a Star Scout, serve actively in your troop for six months in one or more of the following troop positions of responsibility (or carry out a Scoutmaster-approved leadership project to help the troop).

- **Boy Scout troop.** Patrol leader, assistant senior patrol leader, senior patrol leader, troop guide, Order of the Arrow troop representative, den chief, scribe, librarian, historian, quartermaster, bugler, junior assistant Scoutmaster, chaplain aide, instructor, webmaster, or outdoor ethics guide.[7]
- **Varsity Scout team.** Captain, cocaptain, program manager, squad leader, team secretary, Order of the Arrow team representative, librarian, historian, quartermaster, chaplain aide, instructor, den chief, webmaster, or outdoor ethics guide.
- **Venturing crew/Sea Scout ship.** President, vice president, secretary, treasurer, den chief, quartermaster, historian, guide, boatswain, boatswain's mate, yeoman, purser, storekeeper, or webmaster.
- **Lone Scout.** Leadership responsibility in your school, religious organization, club, or elsewhere in your community.

Position	From	To	Duration

☐ 6. While a Star Scout, use the Teaching EDGE method to teach another Scout (preferably younger than you) the skills from ONE of the following choices, so that he is prepared to pass those requirements to his Scoutmaster's satisfaction.

- ☐ a. Tenderfoot 4a and 4b (first aid)
- ☐ b. Second Class 2b, 2c, and 2d (cooking/tools)
- ☐ c. Second Class 3a and 3d (navigation)
- ☐ d. First Class 3a, 3b, 3c, and 3d (tools)
- ☐ e. First Class 4a and 4b (navigation)
- ☐ f. Second Class 6a and 6b (first aid)
- ☐ g. First Class 7a and 7b (first aid
- ☐ h. Three requirements from one of the required Eagle merit badges, as approved by your Scoutmaster

☐ 7. While a Star Scout, participate in a Scoutmaster conference.

Date of Scoutmaster Conference:_____

☐ 8. Successfully complete your board of review for the Life rank.[8]

NOTES:

For Varsity Scouts working on Boy Scout requirements, replace "troop" with "team" and "Scoutmaster" with "Varsity Scout Coach."

For Venturers working on Boy Scout requirements, replace "troop" with "crew" and "Scoutmaster" with "Crew Advisor."

For Sea Scouts working on Boy Scout requirements, replace "troop" with "ship" and "Scoutmaster" with "Skipper."

[7] Assistant patrol leader is not an approved position of responsibility for the Star, Life, or Eagle rank.

[8] If the board of review does not approve the Scout's advancement, the decision may be appealed in accordance with *Guide to Advancement* topic 8.0.4.0

The "6 Month" periods mentioned in requirements 1 and 5 should be counted from the date of the Star Board of Review, to the same date in the sixth month following, regardless of the number of days in each of those months. A 6 month period can thus range from 181 to 184 days.

Requirement resources can be found here:
http://www.meritbadge.org/wiki/index.php/Life Rank/#Requirement resources

Important excerpts from the *Guide To Advancement - 2015*, No. 33088 (SKU-620573)

[1.0.0.0] — Introduction

The current edition of the Guide to Advancement is the official source for administering advancement in all Boy Scouts of America programs: Cub Scouting, Boy Scouting, Varsity Scouting, Venturing, and Sea Scouts. It replaces any previous BSA advancement manuals and previous editions of the Guide to Advancement.

[Page 2, and 5.0.1.4] — Policy on Unauthorized Changes to Advancement Program

No council, committee, district, unit, or individual has the authority to add to, or subtract from, advancement requirements. There are limited exceptions relating only to youth members with special needs. For details see section 10, "Advancement for Members With Special Needs".

[Page 2] — The "Guide to Safe Scouting" Applies

Policies and procedures outlined in the ***Guide to Safe Scouting***, No. 34416, apply to all BSA activities, including those related to advancement and Eagle Scout service projects.

[4.2.3.3] — Service Projects

Basic to the lessons in Scouting, especially regarding citizenship, service projects are a key element in the Journey to Excellence recognition program for councils, districts, and units. They should be a regular and critical part of the program in every pack, troop, team, crew, and ship.

Service projects required for ranks other than Eagle must be approved according to what is written in the requirements and may be conducted individually or through participation in patrol or troop efforts. They also may be approved for those assisting on Eagle Scout service projects. Service project work for ranks other than Eagle clearly calls for participation only. Planning, development, or leadership must not be required.

Time that Scouts spend assisting on Eagle service projects should be allowed in meeting these requirements. Note that Eagle projects do not have a minimum time requirement, but call for planning and development, and leadership of others, and must be preapproved by the council or district. (See "The Eagle Scout Service Project," 9.0.2.0.)

The National Health and Safety Committee has issued two documents that work together to assist youth and adult leaders in planning and safely conducting service projects: Service Project Planning Guidelines, No. 680-027, and its companion, Age Guidelines for Tool Use and Work at Elevations or Excavations, No. 680-028. Unit leadership should be familiar with both documents.

[7.0.4.5] — Earning Eagle-Required Merit Badges for Star or Life Rank

Candidates for Star or Life, in the selection of "any four" or "any three," respectively, of the merit badges required for Eagle, may choose from all those listed, including where alternatives are available: Emergency Preparedness OR Lifesaving; Cycling OR Hiking OR Swimming; and Environmental Science OR Sustainability. For example, if a Scout earns Cycling, Hiking, and Swimming, all three of them count as Eagle-required for Life rank. Only one, however, would serve toward the required merit badges for the Eagle Scout rank. The other two would count toward the optional merit badges required to make up the total of 21 merit badges.

Note that Star and Life requirements each allow two non-Eagle-required merit badges. It is the Scout's decision, however, to earn more—or all—of his Star and Life badges from the Eagle-required list.

In addition to the excerpts shown here Life rank candidates should review and pay particular attention to the following portion of the *Guide to Advancement*, which is too lengthy to reproduce here:

Section 8. Boards of Review: An Overview for All Ranks
[Subsections 8.0.0.1 – 8.0.2.0}